

# Daily session plan example

This daily session plan has been kindly provided by Heatherbrook Pre-School, Leicester.

**Theme**  
Healthy lifestyles

**Date**  
Monday 18th June 2012

Adult-led	Areas of learning	EYFS statement	Indoor	Outdoor	Activity & resources
	Personal, social and emotional	Can play in a group extending and elaborating play ideas, eg, building up a role play activity with other children.	✓		Fruit and vegetable shop. Plastic fruit and veg, real fruit and veg, till, phone, pen and paper.
	Physical	Experiments with different ways of moving.		✓	Zumba and mini-yoga.
	Communication and language	Maintains attention, concentrates and sits quietly during appropriate activity.	✓		Growing puzzles.
	Literacy	Ascribes meaning to marks that they see in different places.		✓	Whiteboards and pens. Making lists for the fruit and veg shop.
	Mathematics	Beginning to talk about the shapes of everyday objects.	✓		Using shapes to draw different fruit and vegetables.
	Understanding of the world	Comments and asks questions about aspects of their familiar world, such as the place they live or the natural world.		✓	Build a town. City blocks, farm set, train track.
	Expressive art and design	Choose particular colours to use for a purpose.	✓		Painting our favourite fruit. Paint and paper. Real and plastic fruit.
	Circle time				'I have one head' song. Kim's game with different fruit.

## Play & exploring

- Finding out and exploring
- Playing with what they know
- Being willing to have a go

## Active learning

- Being involved and concentrating
- Keeping trying
- Enjoying achieving what they set out to do

## Creating & thinking critically

- Having their own ideas
- Making links
- Choosing ways to do things

## Evaluation am

## Evaluation pm

## Comments